

The Pasty Oven



PASTYS



Good Honest Food

Large 1 lb.

WITH or WITHOUT Rutabaga

A blend of beef, pork, potatoes
and onion, seasoned to perfection
in a buttery crust!

The Pasty Oven • Upper Peninsula, MI

Hot at our shop on US2, by Iron Mtn., MI

**In a grocery near you
or order by mail.**

www.pastys.com

What in the World is a Pasty?

HISTORY OF THE PASTY

The pasty is the national symbol of Cornwall, England. In some Cornish families a pasty recipe is the only means of tracing their family history. No one can pinpoint when the pasty originated, however, it can be traced back to Henry the VIII (1491-1547). There is a letter in existence from a baker to Henry's third wife, Jane Seymour, saying "*Hope this pasty reaches in better condition than the last one...*" We also find reference to the pasty in two of Shakespeare's plays. It is referenced to in: **The Merry Wives of Windsor: Act 1, Scene 1, Page:** *Wife, bid these gentlemen welcome. Come, we have a hot venison **pasty** to dinner: come gentlemen, I hope we shall drink down all unkindness. All's Well That Ends Well: Act IV Scene III, Parolles: I will confess to what I know without constraint: if ye pinch me like a **pasty**, I can say no more.*

The pasty became the Cornish miners meal of choice for many reasons. The traditional pasty was a complete meal consisting of meat, potato, onion and seasoning all wrapped in a crust then baked. Also, a miner could leave home with a hot pasty in his pocket and reach in once in a while to warm his hands.

In Cornwall arsenic was often found in the tin mines. This is the reason for the thick pastry crimp on the pasty. The miners would hold the pasty by this crust throwing it away after they had eaten the body of the pasty to avoid poisoning. The crust wasn't wasted though; the miners were firm believers in "knockers" (ghosts) and left the crust for them. The pasty we are selling, is the definitive product of the wives of the Cornish miners. Pastys™, came to the Upper Peninsula when the tin miners came to this country looking for work. Pasty shops can be found where the people of Cornwall settled. They are, however, most prevalent in the Upper Peninsula of Michigan.



Manufactured by
The Pasty Oven Inc.

Sold wholesale, retail & mail order

For more information: 800-753-5257

www.pastys.com

